

KKPBC Newsletter August '25

Website: www.keoweekeypickleball.org
Check us out on Facebook at Keowee Key Pickleball Group

60 Years Ago This All Began

August 8 has been celebrated as National Pickle-ball Day since 2008 even though the sport was invented in 1965. (See Video of the Month). The day serves a dual purpose: marking the sport's rise and pro-



moting it further. Because pickleball does not demand any prior training from beginners and offers significant health benefits, it has become widely popular across genders and among people from all walks of life. Cardiovascular benefits and aerobic exercise have contributed to its appeal, making it renowned for its positive impact on health. Thanks to the combination of aerobic exercise, social engagement, and community connection, pickleball has become widely popular across all age groups. Aerobic exercise increases focus and attention span, while the opportunities to meet and engage with people from different age groups on the court enhance social skills. Our celebration last Friday evening brought over 125 fans to the FRC to play, eat, drink and be merry. Photos on the next page.

Upcoming KKPBC Events

Friday Aug 8 — National Pickleball day. An Eblast will be coming.

Saturday Aug 23—Activity Fair highlighting all KK clubs (incl. ours)

Wednesday Aug 27—Free PB Orientation with Larry, 4-6 pm at the FRC

Friday Sept 5—Friday Frolics. Non-club members are welcome too.

Wednesday Sept 10—Ladies Social at the FRC- from 4 - 6 pm

Are You Up to the Challenge?

While we've been fairly successful getting the Open court designations to match up with usage, another goal of your club is to provide competition possibilities for the average Keowee Key player. This doesn't refer to the Tournaments that our Competition Chairs organize so well several times a year. No, this is more about Ladders and Challenges. Ladder events will be starting up soon and have been discussed previously. Challenges are something we are thinking about for Tuesday evenings at 7pm. The exact format is to be decided but may involve the "King of the Hill" concept letting PB pairs challenge other partnerships. The winning pair stays on the court and continues to play together against the next challengers in line. Challenger teams will stay warm with open play until it's their turn on the hill. More to come on this.

Membership

New to the club are Sonia Ramsey, Patty Hughes, Lynn Daniels, John Matthews and Jared Litzenburger. Welcome!

Longterm Event Dates

Men's Social – September 21, 1 – 3 pm, NFL on TV too

Larry's PB Orientation – September 24 from 4 – 6 pm

The 11th Annual Keowee Key Classic Pickleball Tournament will be Friday and Saturday, October 3-4th, (Rain Date will be Sunday, October 5th)

Men's Social – October 12, 1 – 3 pm, NFL on TV too

Dink for Pink – Courts for Participants October 23, 3 – 5 pm **Halloween Party** - October 31 at

FRC

Holiday Party – December 7 at the Club

One Third of You Didn't Know This, Did You?

There are four pickleball courts over in the tennis area that you can reserve on the Jonas system. In Jonas, go to Tennis-Hard Courts and choose Court 1a, or 1b, or 2. They are dual lined with easily movable nets. Balls are in the storage bin.

Videos of the Month:

The Origins of Pickleball: How It All Began

Excellent Competitive fundamentals practice training















