

HOW TO USE THE LOBSTER PICKLEBALL BALL MACHINE

RESERVE COURT 3 and check the box to include the ball machine with your reservation. Please make sure that you have attended an in-person training session with either Larry VanderRoest or Jim Weinstein. At the front desk, you may be asked to leave your car keys in exchange for the ball machine storage locker key and remote control. Ideally only Court 3 is used for the ball machine. Please pull the divider nets to contain balls within Court 3.

Note: The directions for the Lobster pickleball machine are laminated and attached to the machine.

You are now ready to walk over to Court 3 with the key and remote fob in hand. The following is the process:

- 1. Unlock the storage locker.**
- 2. Wheel the Lobster machine to the chosen place on the court (usually at the baseline near the center of the court).**
- 3. Plug the extension cord into the receptacle in the storage locker. Plug the other end into the female plug hanging from the ball machine.**
- 4. Turn the Feed knob to OFF.**
- 5. Make sure the Elevation marker at the front of the machine is set higher than 5 degrees (Balls may jam if the elevation is set lower than 5 degrees). An elevation of 15 degrees is a good starting point.**
- 6. Turn the machine Power switch ON.**
- 7. Turn the Feed knob to the desired setting interval.**
- 8. Adjust the launch speed either with the Speed knob on the back of the machine or with the remote.**
- 8. Adjust the Elevation using the remote switch on the back of the machine or with the remote.**
- 9. Adjust the Spin (knob or remote) as necessary.**
- 10. You may wish to switch the Horizontal Sweep on with the switch on the back of the machine or using the remote. If 2 line launching is desired, turn the 2 line switch on the back of the machine on (There is no 2 line button on the remote). Horizontal Sweep must be activated for the 2 line function to work.**
- 11. Push the Feed button on the remote to stop balls from launching until you are in position on the court.**
- 12. Once in position on the court, press the Feed button on the remote to begin launching balls. You can fine tune speed, elevation and spin as needed using the remote. You can also activate or pause horizontal sweep.**

CAUTION: Never stand directly in front of the machine while the power is on! Be careful of the many balls on the court so you don't inadvertently step on a ball and twist your ankle.

Please refer to the instructional videos for further explanation of the function of the Lobster Pickleball Machine.

PRO TIPS:

1. Make practice fun.
2. Practice makes permanent (Make sure your technique is good).
3. Practice makes perfect only if you use the proper technique.
4. Practice with a partner for real time targets and more advanced drills.

Once your session has finished, unplug the extension cord from the machine and from the receptacle in the shed. Coil the extension cord and place in the shed. Roll the machine back into the shed. Lock up the shed and return the key and remote to the FRC. Note: We have attached an "Air Tag" to the key ring to assist in keeping track of the remote.

The following are links to training videos:

Lobster machine operation:

<https://www.youtube.com/watch?v=F1nucQN0iFU>

Drills with the Lobster pickleball machine:

<https://youtu.be/y3qT0Au6Y1c?si=rTFeb5zw-T8IT2J4>